

LIVING WATER SPIRITUAL CENTER

Mission Statement

*With care and love,
we offer
sacred space for all --
to seek the Divine
and to embrace the
Interconnectedness of all creation.*

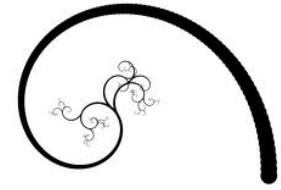
- ▶ Located on 61 acres bordering the Sebasticook River in Central Maine.
- ▶ Groomed trails through 54 acres of woods and along the river, perfect for walking, creative thinking and quiet time.
- ▶ 29 comfortable bedrooms individually decorated and all with private sinks. Private tub/shower facilities in shared areas.
- ▶ Stairlift available for those who find stairs difficult.
- ▶ Home cooked, nutritious, meals served in the comfortable, spacious dining room.
- ▶ Snack room available 24 hours.
- ▶ Library with extensive contemporary collection and popular magazines.
- ▶ Outdoor swimming pool, gazebo & labyrinth.

Living Water Spiritual Center
93 Halifax Street
Winslow, ME 04901

(207)872-2370

www.retreatinmaine.com

PATHS TO AWAKENING IN YOUR LIFE NOW



October 15, 2011

The Awakened Life:
An Introduction and Overview

January 28, 2012

Practicing the Awakened Heart:
The Path of personal relationships

March 10, 2012

The Awakened Soul: Poetry and
Song for the Awakened Life

May 12, 2012

Joseph Campbell Revisited:
Awakening to Spirit in your Life

**Living Water
Spiritual Center**



Retreatinmaine.com

Sponsored by the Sisters of St. Joseph

PATHS TO AWAKENING IN YOUR LIFE NOW

Each seminar is integral to itself. Attendees can choose to participate in any or all of the workshops.

The Awakened Life:

An Introduction and Overview

October 15, 2011
Saturday, 9:30 - 3:30



The message of the great Wisdom traditions is to awaken to your true life in Spirit. In this introductory overview, we will explore the awakened life from several perspectives: Wisdom traditions east and west, creativity, personal relationships, and spiritual poetry. We will also touch on powerful insight meditation practices that help keep the awakened life vital and vibrant on a daily basis.

Practicing the Awakened Heart:

The Path of Personal Relationships

January 28, 2012
Saturday, 9:30 - 3:30



We will examine the spiritual joys and challenges of interpersonal relationships in our family lives, our community, and in our troubled world at large. This seminar will focus on 'skillful means' to enable us to see each other with empathy and to mutually support each other in the awakened life. A vision for a renewed transformational spiritual community will be one of the themes.

Presented by David Peloquin. David has been a consciousness and meditation teacher for over 15 years. He is an author, illustrator, and internationally known folk musician and recording artist. He lectures on many subjects, including Ken Wilber, Eckhart Tolle, and Spiral Dynamics.

The Awakened Soul:

Poetry and Song for the Awakened Life

March 10, 2012
Saturday, 9:30 - 3:30



We will explore the awakened soul through the language of the great mystics: poetry. Rumi, Hafiz, Kabir, Mirabai, Meister Eckhart, St. Francis of Assisi, St Teresa of Avila, and others will be included. Attendees are encouraged to bring a favorite poem to share. A selection of the poems and songs of Leonard Cohen, now an ordained Zen monk, will provide a window into the heart of a living master of spiritual poetry. As part of the seminar, David Peloquin, a professional performer, will sing a selection of songs and poems accompanied on guitar.

Joseph Campbell Revisited:

Awakening to Spirit in your Life

May 12, 2012
Saturday, 9:30-3:30 pm



Using audio and DVD excerpts from Campbell's work as our guide, we will revisit his pioneering insights from the perspective of awakening to the life in the Spirit. As powerful and pertinent as when it first appeared, Campbell's message of awakening in your life NOW is immediately compelling and informed with the wisdom of a lifetime.

AWAKENING IN YOUR LIFE NOW

- October 15, 2011..... \$50.00**
An Introduction and Overview
- January 28, 2012 \$50.00**
The Path of personal relationships
- March 10, 2012 \$50.00**
Poetry and Song for the Awakened Life
- May 12, 2012 \$50.00**
Joseph Campbell Revisited

This fee is nonrefundable unless the program is cancelled due to low registration.

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

____ Cell
____ Home
____ Work

Phone: _____

____ Cell
____ Home
____ Work

Phone: _____

E-mail: _____

LWSC will email your confirmation information to this address.

Emergency Contact: (Name and Number)

____ Cell
____ Home
____ Work

Meals: Lunch (the main meal of the day) is included. We offer healthful, balanced, and diverse options. As meals are served buffet style, if you have specific dietary *preferences*, please feel welcome to supplement our meals with food brought from home. **If you have food allergies or medical dietary needs please indicate below.** To help us serve your needs, please leave a daytime phone number in case we have questions.

Please make checks payable to Living Water Spiritual Center.
Mail completed registration to:

Living Water Spiritual Center
Registration Office
93 Halifax Street
Winslow, ME 04901

Contact Information

(207) 872-2370

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info@retreatinmaine.com