

LIVING WATER SPIRITUAL CENTER

Mission Statement

*With care and love,
we offer
sacred space for all --
to seek the Divine
and to embrace the
Interconnectedness of all creation.*

- ▶ Located on 61 acres bordering the Sebasticook River in Central Maine.
- ▶ Groomed trails through 54 acres of woods and along the river, perfect for walking, creative thinking and quiet time.
- ▶ 29 comfortable bedrooms individually decorated and all with private sinks. Private tub/shower facilities in shared areas.
- ▶ Stairlift available for those who find stairs difficult.
- ▶ Home cooked, nutritious, meals served in the comfortable, spacious dining room.
- ▶ Snack room available 24 hours.
- ▶ Library with extensive contemporary collection and popular magazines.
- ▶ Outdoor swimming pool, gazebo & labyrinth.

Living Water Spiritual Center
93 Halifax Street
Winslow, ME 04901

(207)872-2370

www.retreatinmaine.com

11th Step Women's Retreat



Expanding the Light

March 16-18, 2012

Friday 7:00 pm - Sunday 11:00 am

Presented by:

Lee White

**Bangor Area Recovering
Community Coalition**

**Living Water
Spiritual Center**



Retreatinmaine.com

Sponsored by the Sisters of St. Joseph

WOMEN'S 11TH STEP RETREAT

EXPANDING THE LIGHT

March 16-18, 2012

Friday 7:00 pm - Sunday 11:00 am

Cost: \$185.00

A registration deposit of \$100.00 is required with your registration form. This amount is nonrefundable.

Spirituality is at the heart of recovery and it needs gentle and steady attention to grow. Spiritual awakening, prayer, meditation, and conscious contact with God are important parts of the 12-step recovery process. This retreat is a time to step aside from our usual activities and pressures to rest with the God of our understanding. It is a time with people in recovery, in any 12 Step program, to strengthen what you already do, learn of other spiritual practices, and share our wisdom and what works for us. Mostly it is a time to rest and remember the blessings we have received. As has been our practice with Lee in her last two retreats, please bring music, pillows, comfortable clothes, and maybe pictures of yourself for our God basket.

About the Presenter:

Lee F. White LMSW has been in long-term recovery for 31 years. As a member of BARCC (Bangor Area Recovering Community Coalition), she has tried to contribute to the recovery community through advocacy and events. She has particular interest in the issues of children of alcoholics and aging with regards to recovery. She currently works at Eastern Area Agency on Aging in Bangor.

FOR MORE INFORMATION

Visit us online for updates to this program and to view other upcoming programs and retreats offered by Living Water Spiritual Center.

<http://retreatinmaine.com/calendar.htm>

DRIVING DIRECTIONS

Living Water Spiritual Center

93 Halifax Street

Winslow, Maine 04901

207-872-2370

I-95 Waterville/Oakland Exit # 127

- ▶ Waterville-Oakland Exit #127.
- ▶ **Those coming from the South:**
Turn right onto Kennedy Memorial Drive. Towards Waterville.
- ▶ **Those coming from the North:**
Turn left onto Kennedy Memorial Drive. Towards Waterville.
- ▶ Continue 1.5 miles. The road merges onto Silver Street. (N 137- N 104)
- ▶ On Silver Street - straight at first light. (B-137)
- ▶ At next light (4-way intersection—the Concourse parking lot/mall will be in front of you) Turn right towards the Waterville-Winslow bridge. Stay in middle lane as you approach the bridge.
- ▶ Continue straight across the bridge. Stay in middle lane. Cross railroad tracks and continue up the hill (Clinton Avenue).
- ▶ Turn right onto Whipple Street (5th street off Clinton Ave. Immediately before The 107 Store.)
- ▶ At the end of Whipple Street, turn left. Living Water Spiritual Center is 2nd driveway on the right.
- ▶ Parking & entrance in rear of building.

To customize your driving route or for an estimate on your driving time, please see

<http://retreatinmaine.com/driving.htm>

Driving, Flying, Bus



Directions

LIVING WATER SPIRITUAL CENTER



WOMEN'S 11TH STEP RETREAT

March 16-18, 2012

Friday 7:00 pm - Sunday 11:00 am

\$185.00 fee enclosed \$100.00 deposit enclosed

A \$100.00 nonrefundable deposit is required in advance to confirm and hold your reservation.

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Phone: _____

E-mail: _____

LWSC will email your confirmation to this address

Emergency Contact's Name and Number: _____

The main meal of the day is served at noon. We offer healthful, balanced, and diverse meals. If you have allergies or medical dietary requirements, please indicate below. As meals are served buffet style for the group, if you have specific dietary preferences, please feel welcome to supplement our meals with food brought from home. Kitchen appliances are available.

Allergies/Medical Dietary Needs:

Please make checks payable to Living Water Spiritual Center and mail completed registration to:

Living Water Spiritual Center
Registration Office
93 Halifax Street
Winslow, ME 04901

Contact Information

(207) 872-2370

www.retreatinmaine.com

info@retreatinmaine.com