

LIVING WATER SPIRITUAL CENTER

Mission Statement

*With care and love,
we offer
sacred space for all --
to seek the Divine
and to embrace the
Interconnectedness of all creation.*

- ▶ Located on 61 acres bordering the Sebasticook River in Central Maine.
- ▶ Groomed trails through 54 acres of woods and along the river, perfect for walking, creative thinking and quiet time.
- ▶ 29 comfortable bedrooms individually decorated and all with private sinks. Private tub/shower facilities in shared areas.
- ▶ Stairlift available for those who find stairs difficult.
- ▶ Home cooked, nutritious, meals served in the comfortable, spacious dining room.
- ▶ Snack room available 24 hours.
- ▶ Library with extensive contemporary collection and popular magazines.
- ▶ Outdoor swimming pool, gazebo & labyrinth.

Living Water Spiritual Center
93 Halifax Street
Winslow, ME 04901

(207)872-2370

www.retreatinmaine.com

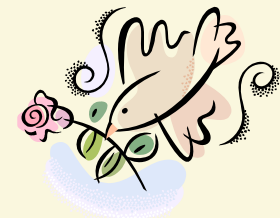
AGING WITH SPIRIT



Karen Foley

March 2-3, 2012

Friday 7:00 pm - Saturday 4:00



*We will look at how aging
affects our spiritual lives.*

**Living Water
Spiritual Center**



Retreatinmaine.com

Sponsored by the Sisters of St. Joseph

AGING WITH SPIRIT

March 2-3, 2012

Friday 7:00 pm - Saturday 4:00 pm

As we age, everything shifts and changes including our spiritual lives. Some changes are subtle, some fairly dramatic. We will look at how aging, living the last part of our lives and facing their inevitable end, affects our spiritual lives. What becomes more-and less-important to us? What images of old age do we carry? What do we most deeply want in the last part of our lives, and what might God want for us? What does it mean to seek and find wholeness in the last years of our lives?

I myself am learning as I age. My own understanding is being influenced by such thinkers as Sara Lawrence-Lightfoot (The Third Chapter), Ram Dass (Still Here, Conscious Aging), Helen Luke (Old Age), Zalman Schachter-Shalomi (From Age-ing to Sage-ing) and others.

\$85.00 (Includes program, overnight accommodations and two meals on Saturday)

ABOUT THE PRESENTER

Karen Foley, a semi-retired Unitarian Universalist minister, offers spiritual direction/companionship and retreats, and writes. She has completed the Shalem Institute programs in spiritual guidance and retreat and group leadership. Her poetry and reflective writings have appeared in newspaper columns, the journal of Spiritual Directors International, Sacred Journey, and several anthologies.

FOR MORE INFORMATION

<http://retreatinmaine.com/calendar.htm>

DRIVING DIRECTIONS

Living Water Spiritual Center
93 Halifax Street
Winslow, Maine 04901
207-872-2370

I-95 Waterville/Oakland Exit # 127

- ▶ Waterville-Oakland Exit #127.
- ▶ **Those coming from the South:**
Turn right onto Kennedy Memorial Drive. Towards Waterville.
- ▶ **Those coming from the North:**
Turn left onto Kennedy Memorial Drive. Towards Waterville.
- ▶ Continue 1.5 miles. The road merges onto Silver Street. (N 137- N 104)
- ▶ On Silver Street - straight at first light. (B-137)
- ▶ At next light (4-way intersection—the Concourse parking lot/mall will be in front of you) Turn right towards the Waterville-Winslow bridge. Stay in middle lane as you approach the bridge.
- ▶ Continue straight across the bridge. Stay in middle lane. Cross railroad tracks and continue up the hill (Clinton Avenue).
- ▶ Turn right onto Whipple Street (5th street off Clinton Ave. Immediately before The 107 Store.)
- ▶ At the end of Whipple Street, turn left. Living Water Spiritual Center is 2nd driveway on the right.
- ▶ Parking & entrance in rear of building.

To customize your driving route or for an estimate on your driving time, please see

<http://retreatinmaine.com/driving.htm>

Driving, Flying, Bus



Directions

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March 2-3, 2012

Friday 7:00 pm - Saturday 4:00 pm

\$85.00 fee enclosed. *The nonrefundable fee is required in advance to confirm and hold your reservation.*

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Phone: _____

E-mail: _____

LWSC will email your confirmation information to this address

Emergency Contact's Name and Number:

The main meal of the day is served at noon. We offer healthful, balanced, and diverse meals. If you have allergies or medical dietary requirements, please indicate below. As meals are served buffet style for the group, if you have specific dietary preferences, please feel welcome to supplement our meals with food brought from home. Kitchen appliances are available.

Allergies/Medical Dietary Needs:

Please make checks payable to Living Water Spiritual Center and mail completed registration to:

Living Water Spiritual Center
Registration Office
93 Halifax Street
Winslow, ME 04901

Contact Information

(207) 872-2370

www.retreatinmaine.com

info@retreatinmaine.com